

Wisconsin's Finest Destination Spa since 1994



Tucked into a naturally wooded setting overlooking McDill pond sits a century old home beautifully renovated into a world class spa right in the middle of Wisconsin. For over 20 years The Wellness Spa has been offering high-end spa services including therapeutic and relaxing massage, spa facials, specialty manicures and pedicures and wonderful spa packages and parties.

"The Best Kept Secret in the Midwest"... we've heard it over and over again as guests have visited from all over the world and have commented that they've never experienced anything else quite like The Wellness Spa. Talented, caring therapists and coordinators offering above and beyond customer service are ready to greet you with our signature "warm cozy" to wrap around your neck as you enter. Your visit includes high-end comforts such as beautiful locker rooms with saunas, showers and all the amenities, Herbal Tea Bar and several relaxation rooms to nap or rest in at any time during your visit. Unique finds in our retail area and customizable bath and body care products at our CreateWellness™ Blending Bar. Free Tai Chi & Qigong class every week.

All this at a small town price to make the indulgence of a world class spa available to everyone who visits so they can "Relax... And Enjoy Life!"

Spa Packages

Taste of the Spa Life Package

Choose one service from each category below (3-4 hours) \$185

Complimentary Spa Lunch included with this tasty package.

*Upgrades available for additional charge.

APPETIZER	MAIN COURSE	DESSERT
Body Glow	Relaxation Massage 80	Enzyme Therapy Facial
Hot Stone Indulgence	Deep Tissue Massage 80	Soothing Scalp
Sinus Remedy	Hot Stone Massage 70	Total Tranquility
Ginger Detox	European Facial	Relaxation Manicure
Sole Serenity	Maternity Massage	Essential Pedicure
European Mud Mask	Wellness Mani-Pedi	Stress Relief Treatment

Couples Romantic Retreat Package

Celebrate special time together at the spa. (2½ or 3 hours) \$315/365

Customize your Couples Massage with one of our Enhancers or Alchemy treatments for the ultimate in luxury.

Side by Side Hand & Foot Indulgence
Private time to relax with a tasty treat for two
Couples Massage (60/90 minutes)

Create Wellness Spa Package

Create your own Wellness with a treatment that you design. (2½ hours) \$145

Includes a refreshing beverage and healthy snack. Also includes a visit to our Blending Bar so you can create a take-home bodycare product that you design for your needs.

Relaxation Massage (50 minute)
Two Alchemy Massage Services of your choice
Healing Beverage & Healthy Treat
CreateWellness Product of your choice (with Silver Intention Charm)

Create Wellness Spa Party...

*Groups of 3 or more: only \$135 each

Series Packages

Purchase Five sessions - Receive the Sixth FREE!

Gift Cards Available in any amount

Purchase Instant Gift Certificates Online

www.WellnessSpaResort.com

Seasonal Specials, Classes, Calendar of Events, Specialty Services and Job Opportunities can be seen Online, as well as descriptions of all spa services

www.WellnessSpaResort.com

Join our email list to receive regular specials and coupons.
Like Us On Facebook

Hours: Monday – Friday 9:00am – 9:00pm
Saturday 9:00am – 5:00pm
Sunday Closed

"A New Way to Spa" is here!
Visit www.OiGardenSaltSpa.com for details

The Wellness Spa, Inc.

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715-341-3333 1-877-341-WSPA (9772)

Services & prices subject to change without notice

Spa Parties

Build-Your-Own SPArty

Why just have a party when you could make it a SPA party?!

Design your own SPArty by choosing one option from each letter category below.

Includes private use of our Serenity Room or Upstairs Suite during your SPArty.

\$95 Per Guest (3-6 guests) **\$85 Per Guest** (7 or more guests)

S - Spa Service (choose one service for each guest)

Mini Massage	Essential Pedicure
Enzyme Therapy Facial	Essential Manicure
Ginger Detox Treatment	Hot Stone Indulgence
Stress Relief Treatment	Foot Stress Reliever
Sole Serenity	Total Tranquility

*Upgrades and substitutions welcome for additional fee

P - Petite Bite (choose one selection for entire party)

Honey Ham, Brie & Apple Finger Sandwiches on Marble Rye
Hummus & Variety of Vegetables
Tomato, Mozzarella & Basil Skewers with Balsamic Drizzle
Cubed Cheeses & Fruit Platter
Assortment of Fresh Cookies & Dessert Bars

*Add a second choice for an additional fee

A - Assorted Tea Bar

Assorted Tea Bar including a collection of teas: Lemon Mint, Rooibos, Relaxing, Sausalito Spice, Summer Fruit Ambrosia, Chamomile, Peppermint

R - Restore Room (Enjoy one, two or all four therapies below)

NeuroMotion - improve brain/body balance, mood-enhancing
Chi Machine - increase energy, metabolism, lymph drainage
Light Therapy - lighten mood and relieve winter related blues
Reflex Energizer - relieve muscle tension, increase circulation

T - Time to Create Wellness

Hands-on experience at our CreateWellness™ Blending Bar to personally design your own bath or body care product

Y - Your Guests - Who will be joining you at your SPArty?

Bachelorette Party

Spa Party for 4-8 guests (2+ hours) \$225

Visit our website for details on our popular Bachelorette Party. Includes everything you need to celebrate the bride with some special spa time together.

Signature Treatments

Relaxing and luxurious with just the right combination of traditional techniques and signature service to ensure an exceptionally unique Wellness Spa experience.

Nirvana Experience

Full body scrub to soften skin before enjoying a relaxing aromatherapy massage using your choice of essential oils, followed by a full body steam treatment to detoxify and hydrate your body while your face is massaged with refreshing cooled globes. Heaven aka Nirvana! Choose 75 or 105 minutes - \$110/135

Wellness Spa Facial

Includes all the best a facial can give; thorough cleanse, skin analysis, Enzyme mask, relaxing face massage, Lip and Eye Renewal treatment, specially-blended customized facial mask. We'll even massage your hands and feet and indulge them with warmth. Voted one of our best facials. 80 minutes - \$115

The Athena

Begin with a hot stone back massage followed by a full body relaxation massage, complete with our Aromatherapy Face Massage. A deeply relaxing, blissful blessing for your body, mind, and soul. 75 minutes - \$115

The Atlas

Stimulating back scrub followed with our deep tissue back and neck massage. Includes a hot stone back massage to warm and loosen muscles. A soothing foot massage completes this awesome spa treatment massage. 75 minutes - \$115

Hand & Foot Indulgence

Begin with a unique hand moisturizing treatment while you soak tired feet. Then enjoy an invigorating foot scrub followed with relaxing massage of your feet and lower legs. Revitalizing! 50 minutes - \$70

Face & Body Renewal

Full body exfoliation followed with shea butter application and body wrap of blankets. While you relax, enjoy a thorough facial cleanse, enzyme mask and steam completed with an antioxidant-collagen rebuilding mask to increase skin firmness and resilience. A true spa experience. 75 minutes - \$135

New Herbal Escape

Nourish and detoxify your body with our newest spa treatment designed for deep relaxation and restoration. Begin with dry-brushing followed with compression massage using warm detoxifying herbal pouches that infuse your body with their healing properties. Then we will wrap you in a cocoon of blankets and allow you to rest while receiving a calming face and scalp massage. 60 minutes - \$100

Facial Therapy

Great skin care is essential for all ages. Facials at The Wellness Spa are customized to each individual's needs, with a variety of treatment masks and effective skin care products, you can be assured of a specialized service with any of the facials you choose.

 Wellness Spa Facial	80 minutes	\$115
YOUTH Firm® Age Defying Peel	50 minutes	\$120
	Series of 3	\$315
Flaxx-C Anti-Aging Facial	60 minutes	\$90
Natural Face Lift Facial	75 minutes	\$135
Deep-Pore Cleansing Facial	50 minutes	\$85
European Facial	80 minutes	\$100
Cleansing Facial	50 minutes	\$70
Enzyme Facial	30 minutes	\$50
Healing Back Facial	45 minutes	\$85
 Face & Body Renewal	75 minutes	\$135

Facial Enhancers \$10-20 each

Enhancers will be added directly into your facial

- Deep-Pore Facial Enhancer
- Hot Stone Facial Massage
- Manual Microderm Exfoliation
- Smoothing Lip Treatment
- Ultimate Eye Lift
- Ultimate Neck Lift (\$20)

Waxing Services

Eyebrows	\$20	Underarm	\$25	Brazilian	\$90-110
Upper Lip	\$15	Lower Arms	\$30	Abdomen	\$20
Chin Wax	\$15	Full Arms	\$40	Lower Back	\$20
Side of Face	\$15	Lower Legs	\$45	Men/Shoulder	\$35
Nape of Neck	\$15	Full Legs	\$75	Full Back	\$65
Brows/Lip/Chin	\$35	Bikini Line	\$35	Chest	\$50

Massage Therapy

All of our massage sessions are therapeutic-based treatments with techniques specifically unique to The Wellness Spa ensuring a consistent and beneficial experience with every visit. Wellness Spa massages include use of: Hot Cozy pack, Hot Towels, Soothing Eye Pillow and choice of aromatherapy or unscented oils.

Relaxation Massage	50/80 minutes	\$70/100
Deep Tissue Massage	50/80 minutes	\$80/110
Mini Massage	20 minutes	\$45
Hot Stone Back Massage	45 minutes	\$80
Hot Stone Massage	70 minutes	\$105
Couples Massage	60/90 minutes	\$175/225
Couples Hot Stone Massage	70 minutes	\$230
Maternity Massage	50 minutes	\$80
Reflexology	20/50 minutes	\$45/70
New  Herbal Escape	60 minutes	\$100
 The Athena	75 minutes	\$115
 The Atlas	75 minutes	\$115
 Nirvana Experience	75/105 minutes	\$110/135

Massage Enhancers \$10 each

Enhancers will be added directly into your massage

- Hot Stone Sampler
- Hand Indulgence
- Moisturizing Body Treatment
- Foot Indulgence

Alchemy for Massage Therapy

Personalize your health and wellbeing by adding one or more of our Alchemy treatments to your traditional massage and create your own unique Wellness Spa alchemy experience. **20 minutes (added onto massage) - \$25 each**

If you love our Alchemy treatments without the massage, you can enjoy an **individual treatment below for \$50 each**

Body Glow	Sinus Remedy
European Mud Mask	Sole Serenity
Ginger Detox Treatment	Soothing Scalp Massage
Headache Relief	Total Tranquility
Hot Stone Back Indulgence	Therapist's Specialty
HydroTherapy Bath	

Nail Therapy

Our nail services highlight natural and therapeutic additions such as acupressure massage, aromatherapy, detoxification, and stress relieving to keep our nail services as unique as The Wellness Spa itself.

Wellness Mani-Pedi Package	90 minutes	\$90
 Hand & Foot Indulgence	50 minutes	\$70
Essential Pedicure	45 minutes	\$45
 Relaxation Pedicure	60 minutes	\$65
Healing Pedicure	45 minutes	\$55
Essential Manicure	30 minutes	\$30
 Relaxation Manicure	60 minutes	\$50
Healing Manicure	45 minutes	\$40
Princess Manicure	20 minutes	\$20
Shellac Nail Treatment (includes mani)	60 minutes	\$45
Shellac Removal	15 minutes	\$15

Nail Enhancers \$5-15 each

Choose our micro service to be added ONTO your nail service

- Fingers/Toes Wax (\$10)
- Foot Indulgence (\$10)
- French or Regular Polish (\$10)
- Hot Stone Sampler (\$10)
- Nail Art (starting at \$5)
- Paraffin Hand Treatment (\$15)

Alchemy for Nail Therapy

Create your own health and wellbeing by designing nail care for your specific needs - 20 minutes (added onto Nail Service) - \$25 each

If you love our Alchemy treatments without the nail care, you can enjoy an **individual treatment below for \$45 each**

Foot Stress Reliever
Ginger Detox Foot Treatment
Reflexology Sampler
Stress-Relieving Treatment

* Allow an extra 15-30 minutes for drying of nails after polish